



COURSE OUTLINE

Code: **CHC40608**

Course: **Certificate IV in Leisure and Health**

COURSE DETAILS:

Duration: This course is delivered over a period of 820 Nominal Hours, comprising classroom sessions, practical placement, Research and Self-directed study time.

Format: Classroom based training and supervised practical experience in an approved Aged Care Facility or Community Services Organisation

Location: Australasian Lawrence Aged Care College
Level 1/169 Plenty Rd, Preston, Vic. 3072
Practical Placement Location as negotiated.

Purpose: To develop competency skills, knowledge and abilities necessary to assist with design, implementation and evaluation of health and leisure activities for clients in one or more sector areas

Who May Attend: This qualification would suit people who are interested in assisting with Leisure & Health activities whilst working in residential facilities and/or community agencies and day centres

Pre-Requisites: Proficiency in English to Industry Standards. Applicants may be asked to undertake a Language, Literacy & Numeracy Test.

Recognition: This course holds National Recognition.

Assessment: Assessment in this course will be based around your day to day tasks, and mainly be of a practical nature. It may be in a one-on-one environment, tailored to your job role, or through the completion of set tasks / projects for submission.

Pathway: Successful completion of this course will enable you to progress to a Diploma of Leisure and Health, or to gain employment as a Leisure Officer, Recreational Activities Officer, Diversion Therapy Assistant or like position

This qualification is **Nationally Recognised** through the Australian Qualifications Framework





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The Course

Certificate IV in Leisure and Health requires the successful completion of 16 Units of Competency. These include 13 Core Units and 3 Elective Units

Nominal hours for this qualifications is 820 as per the Implementation/Purchasing guide for the Training Package CHC08

| Unit Code | Core Units |
|------------|---|
| CHCCOM403A | Use targeted communication skills to build relationships |
| CHCCS400A | Work within a relevant legal and ethical framework |
| CHCCS401B | Facilitate responsible behaviour |
| CHCICS405A | Facilitate groups for individual outcomes |
| CHCOHS312A | Follow safety procedures for direct care work |
| CHCORG405C | Maintain and effective work environment |
| CHCRH401A | Work effectively in the leisure and health industry |
| CHCRH402A | Undertake leisure and health programming |
| CHCRH404A | Plan, implement and monitor leisure and health programs |
| CHCRH405A | Plan leisure and health programs for clients with complex needs |
| CHCRH406A | Apply knowledge of human behaviour in leisure activity programs |
| CHCRH407A | Apply sociological concepts to leisure and health |
| HLTAP401A | Confirm physical health status |
| Unit | Elective Units |
| HLTHIR403B | Work effectively with culturally diverse clients and co-workers |
| CHCAC319A | Provide support to people living with dementia |
| CHCICS303A | Support individual health and emotional well being |
| HLTFA201A | Provide basic emergency life support |

If you require any further information our Course Manager will be happy to assist or you can visit our website at www.agedcare.net.au