



COURSE OUTLINE

Code: **CHC40608**

Course: **Certificate IV in Leisure and Health**

COURSE DETAILS:

Duration: This course is delivered over a period of 820 Nominal Hours, comprising classroom sessions, practical placement, Research and Self-directed study time.

Format: Classroom based training and supervised practical experience in an approved Aged Care Facility or Community Services Organisation

Location: Australasian Lawrence Aged Care College
Level 1/169 Plenty Rd, Preston, Vic. 3072
Practical Placement of choice

Purpose: To develop competency skills, knowledge and abilities necessary to assist with design, implementation and evaluation of health and leisure activities for clients in one or more sector areas

Who May Attend: This qualification would suit people who are interested in assisting with Leisure & Health activities whilst working in residential facilities and/or community agencies and day centres

Pre-Requisites: Proficiency in English to Industry Standards. Applicants may be asked to undertake a Language, Literacy & Numeracy Test.

Recognition: This course holds National Accreditation.

Assessment: Assessment in this course will be based around your day to day tasks, and mainly be of a practical nature. It may be in a one-on-one environment, tailored to your job role, or through the completion of set tasks / projects for submission.

Pathway: Successful completion of this course will enable you to progress to a Diploma of Leisure and Health, or to gain employment as a Leisure Officer, Recreational Activities Officer, Diversion Therapy Assistant or like position

This qualification is **Nationally Recognised** through the Australian Qualifications Framework





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The Course

Certificate IV in Leisure and Health requires the successful completion of 16 Units of Competency. These include 13 Core Units and 3 Elective Units

Nominal hours for this qualifications is 820 as per the Implementation/Purchasing guide for the Training Package CHC08

Unit Code	Core Units
CHCCOM403A	Use targeted communication skills to build relationships
CHCCS400A	Work within a relevant legal and ethical framework
CHCCS401B	Facilitate responsible behaviour
CHCICS405A	Facilitate groups for individual outcomes
CHCOHS312A	Follow safety procedures for direct care work
CHCORG405C	Maintain and effective work environment
CHCRH401A	Work effectively in the leisure and health industry
CHCRH402A	Undertake leisure and health programming
CHCRH404A	Plan, implement and monitor leisure and health programs
CHCRH405A	Plan leisure and health programs for clients with complex needs
CHCRH406A	Apply knowledge of human behaviour in leisure activity programs
CHCRH407A	Apply sociological concepts to leisure and health
HLTAP401A	Confirm physical health status
Unit	Elective Units
HLTHIR403B	Work effectively with culturally diverse clients and co-workers
CHCAC319A	Provide support to people living with dementia
CHCICS303A	Support individual health and emotional well being
HLTFA201A	Provide basic emergency life support

If you require any further information our Course Co-ordinator will be happy to assist or you can visit our website at www.agedcare.net.au